

## **Regional Land Transport Committee**

**Minute extract from meeting held on 31 May 2005**

### **Impacts of Transport on Health**

*Resolved*

*That the Committee:*

- (1) Play a stronger role in promoting the benefits of 'free modes' of transport such as walking and cycling. Increasing the use of these active modes of transport will have a direct effect on population and personal health as well as contributing to a cleaner environment.*
- (2) Play a key role in actively increasing and promoting the use of public transport.*