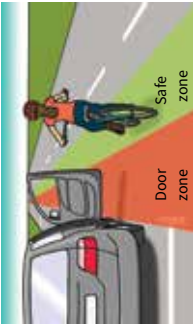


Take Care when riding in traffic

Be aware of others and let people know what you are going to do by signaling or eye contact.

Ride left but stay away from the door zone. Ride to be seen and be predictable – don't swerve in and out of gaps.



Know your road signs and markings

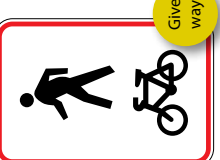
You can ride in bus lanes, but not in bus-only lanes – some bus-only lanes can be used by all vehicles outside the times indicated.



Sharrow markings (a bike with a double arrow) are a reminder that people on bikes can take the lane.



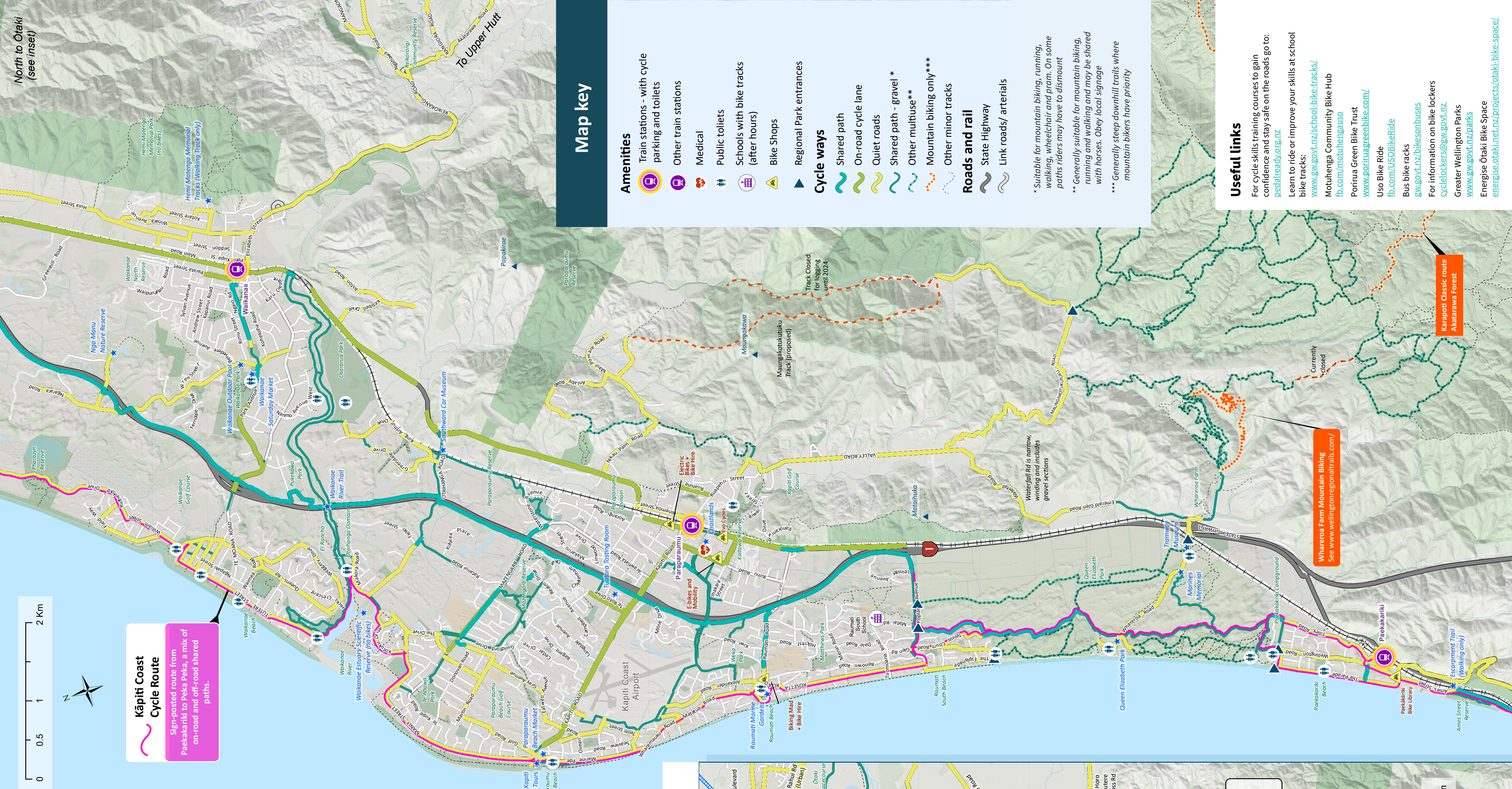
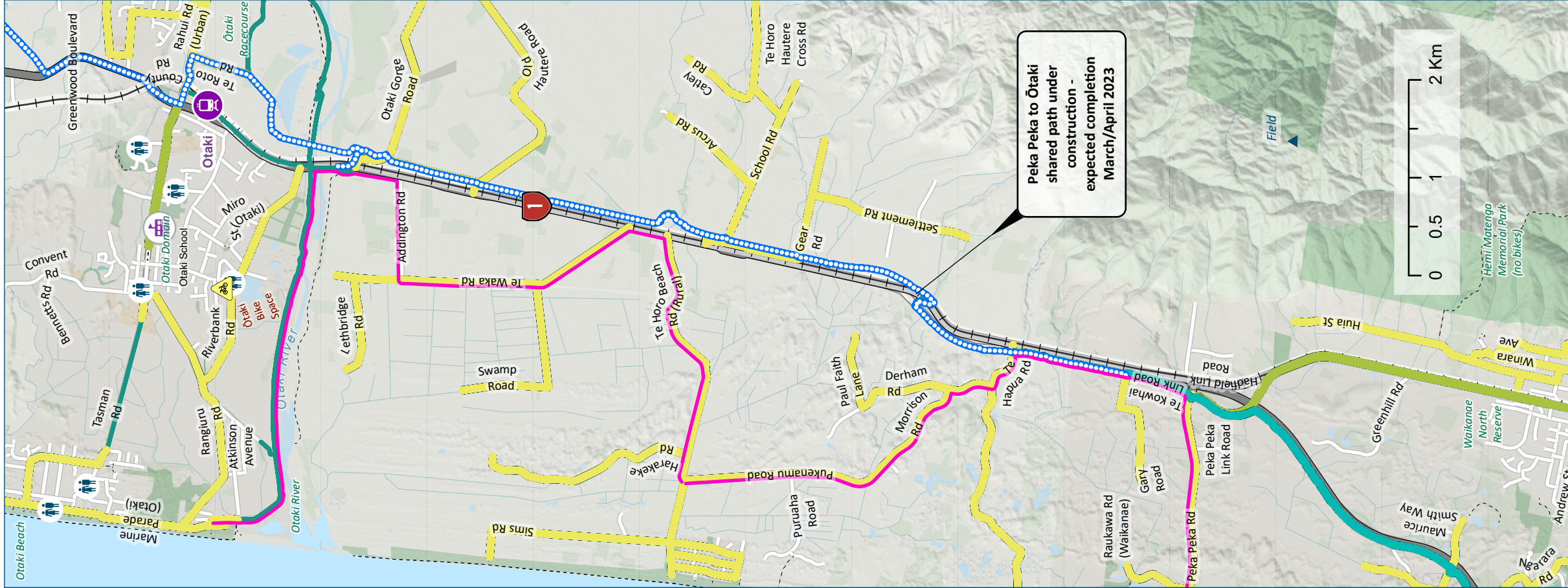
Shared paths are marked or signposted. Give way to people walking. Some have dedicated areas for walking and biking.



You can ride in a shared zone. Give way to people walking and be aware of other vehicles.



North of Peka Peka to Ōtaki



Map key

Amenities

Train stations - with cycle parking and toilets

Other train stations

Medical

Public toilets

Schools with bike tracks (after hours)

Bike Shops

Regional Park entrances

Cycle ways

Shared path

On-road cycle lane

Quiet roads

Shared path - gravel *

Other multiuse**

Mountain biking only***

Other minor tracks

Roads and rail

State Highway

Link roads/ arterials

* Suitable for mountain biking, running, walking, wheelchair and pram. On some paths riders may have to dismount

** Generally suitable for mountain biking, running and walking and may be shared with horses. Obey local signage

*** Generally steep downhill trails where mountain bikers have priority

Useful links

For cycle skills training courses to gain confidence and stay safe on the roads go to: pedalready.org.nz

Learn to ride or improve your skills at school bike tracks:

www.gw.govt.nz/school-bike-tracks/

Motuhenga Community Bike Hub

fb.com/motuhengauso

Porirua Green Bike Trust

www.porirua.greenbike.com/

Uso Bike Ride

fb.com/USOBikeRide

Bus bike racks

gw.govt.nz/bikesonbuses

For information on bike lockers

cyclelockers@gw.govt.nz

Greater Wellington Parks

www.gw.govt.nz/parks

Energise Ōtaki Bike Space

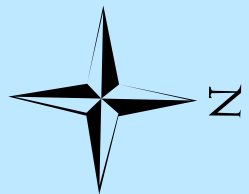
energise.otaki.net.nz/projects/otaki-bike-space/

Kāpiti, Porirua and Tawa Cycle Map
Ko te Mahere Pahikara o Kāpiti,
o Porirua, o Tawa

Bike network of the Greater Wellington region
Ko ngā ara Pahikara o Pōneke Nui Tonu



2022 Edition
Greater Wellington
Te Pane Matua Taiaro



Bikes on public transport

Trains

Bikes are carried for free on Metlink services, on a first come, first served basis. Some peak services exclude bikes.

Buses

Most Metlink buses in the Wellington region have racks for two bikes on the front.

Find out more about bus and train services at:
<https://www.metlink.org.nz/bikes-and-scooters>

How to report issues

Kāpiti Coast District Council
0800 486 486
kapiti.council@kapiticoast.govt.nz
Porirua City Council
(04) 237 5089
enquiries@porirua.govt.nz
Wellington City Council
(04) 499 4444
info@wccc.govt.nz
Waka Kotahi (State Highways)
0800 444 449
To report dangerous driving to
Police call: 555
Call 111 for non-emergencies

Amenities

- Train stations - with cycle parking and toilets
- Other train stations - with cycle parking
- Other train stations
- Medical
- Schools with bike tracks (after hours)
- Bike Shops
- Regional Park entrances

Cycle ways

- Protected cycle lane
- Shared path
- On-road cycle lane
- Quiet roads
- Shared path - gravel *
- Other multistuse**
- Mountain biking only***
- Other minor tracks

Roads and rail

- State Highway
- Link roads/ arterials
- Other roads
- Rail

* Suitable for mountain biking, running, walking, wheelchair and pram. On some paths riders may have to dismount

** Generally suitable for mountain biking, running and walking and may be shared with horses. Obey local signage

*** Generally steep downhill trails where mountain bikers have priority

Map key